

CONSUMERISM *VS* CONTENTMENT

In a biblical context, contentment is encouraged as it aligns with living a life of gratitude, trust in God's provision, and focusing on spiritual and relational richness over material wealth. Consumerism, on the other hand, can lead to a life filled with the pursuit of worldly possessions, often at the cost of deeper, more meaningful aspects of life.

Consumerism

Emphasizes the acquisition of goods and services in ever-increasing amounts.

Seeks validation and status through material possessions.

The satisfaction is often temporary, leading to a cycle of continuous purchasing.

Can lead to financial stress due to overspending.

Contributes to pollution and natural resource depletion.

Contentment

Comes from an inner sense of fulfillment & acceptance.

Fosters an appreciation for what one already has.

Promotes financial prudence and responsible spending.

Provides a more stable, long-term satisfaction.

Aligns well with sustainable living principles.

